

CareAbility Newsletter

Welcome to our March Newsletter!

We are off to a busy and exciting start to the new year with a huge amount of new recreation programs on offer as well as all of our usual favourites! Throughout February we saw our recreation groups head into the city, down to the Mornington Peninsula and out to St Kilda. Later this month we will have our inaugural Young Adults Camp to Phillip Island! Our Young Adults will have an action packed weekend down on the island and we can't wait to share what we get up to!

We have had a number of staffing changes in February. Sadly, we said goodbye to both Connor and Kaitlyn. Kaitlyn is embarking on a trip around Australia so we look forward to hearing her updates! We also welcomed Kate to our team, she has had a wonderful start and hope everyone loves her as much as we do!

Have a fantastic month,
Christie



MARCH BIRTHDAYS

5th	Ryan D
6th	Patrick VO
12th	Jessy, <i>Support Worker</i>
18th	Reganne, <i>Support Worker</i>
29th	Livia B
30th	Keilah, <i>Support Worker</i>

IMPORTANT DATES

Wed 5th Mar Pub Night @ Archie Brothers
Tue 10th Mar Labour Day (Public Holiday)
Tue 18th Mar Pub Night @ General Public



Jackson's Fun Facts!

Horse Racing



I would like to tell you about horse racing in Australia because I love seeing the athletes, the horses and the outfits. There are many different horse races here in Australia such as the Melbourne Cup, the Cox Plate, the Magic Millions and the Winden Stakes. Some other examples of horse racing around Australia are the Darwin Cup in the Northern Territory and the WA Guineas in Perth. Personally I like all different kinds of horse racing and I love seeing the progress of different jockeys, trainers, and horses. Here are my top 3 favourite horse racing trainers:

Gai Waterhouse

Ciaron Maher

Chris Weller

MARCH WRAP UP



B and Brianna worked super hard at their first gym session with Training With Mates! The girls had a great time and look forward to training together on a fortnightly basis!



Getting the jobs done!
We are so impressed with how well Eliza and Patrick worked together to make our lawns look beautiful! How lucky are we!



We love a fun day out! Sam, Jason and Brianna enjoyed travelling to the Docklands to go to House Down Under! They had a great time and got some fabulous pics!

Sat 1st Mar - Young Adults Rec Strawberry Picking & Arthurs Seat Eagle

Sat 1st Mar - Teenage Rec, The Factory

Sat 8th Mar - Young Adults Rec, Moomba Festival

Sat 8th Mar - Teenage Rec, Scienceworks

Sat 15th Mar - Young Adults Rec, Ashcombe Maze + Flinders Beach

Sat 15th Mar - Teenage Rec, The Factory

Sun 16th Mar - Young Adults Rec, Barefoot Bowls

Sat 22nd Mar - Teenage Rec, Jump Central

Sat 22nd Mar - Young Adults Rec, Dinner and Movie

Fri 21 - Sun 23rd Mar - Young Adults. Phillip Island Camp

Sat 29th Mar - Young Adults Rec, Tesselaar Kabloom

Sat 29th Mar - Teenage Rec, The Factory

Sun 30th Mar - Young Adults Rec, Briars Market

What's On This Month



Bookings: bookings@careability.com.au | Enquiries: christie@careability.com.au