Care Ability ewsletter

Welcome to our March Newsletter!

We are off to a busy and exciting start to the new year with a huge amount of new recreation programs on offer as well as all of our usual favourites! Throughout February we saw our recreation groups head into the city, down to the Mornington Peninsula and out to St Kilda. Later this month we will have our inaugural Young Adults Camp to Phillip Island! Our Young Adults will have an action packed weekend down on the island and we can't wait to share what we get up to!

We have had a number of staffing changes in February. Sadly, we said goodbye to both Connor and Kaitlyn. Kaitlyn is embarking on a trip around Australia so we look forward to hearing her updates! We also welcomed Kate to our team, she has had a wonderful start and hope everyone loves her as much as we do!

Have a fantastic month, Christie



MARCH BIRTHDAYS

IMPORTANT DATES

Wed 5th Mar Pub Night @ Archie Brothers
Tue 10th Mar Labour Day (Public Holiday)
Tue 18th Mar Pub Night @ General Public

5th Ryan D
6th Patrick VO

12th Jessy, Support Worker18th Reganne, Support Worker

on Regame, ouppe

29th Livia B

30th Keilah, Support Worker

Jackson's Fun Facts!



I would like to tell you about horse racing in Australia
because I love seeing the athletes, the horses and the outfits. There are many different
horse races here in Australia such as the Melbourne Cup, the Cox Plate, the Magic Millions
and the Winden Stakes. Some other examples of horse racing around Australia are the
Darwin Cup in the Northern Territory and the WA Guineas in Perth. Personally I like all
different kinds of horse racing and I love seeing the progress of different jockeys, trainers,
and horses. Here are my top 3 favourite horse racing trainers:

Gai Waterhouse Ciaron Maher Chris Weller

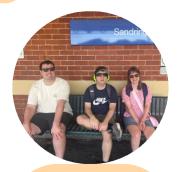
MARCH WRAP UP



B and Brianna
worked super hard at their
first gym session with Training
With Mates! The girls had a
great time and look forward to
training together on a
fortnighlty basis!



Getting the jobs done!
We are so impressed with
how well Eliza and Patrick
worked together to make our
lawns look beautiful! How
lucky are we!



We love a fun day
out! Sam Jason and Brianna
enjoyed travelling to the
Docklands to go to House
Down Under! They had a great
time and got some fabulous
pics!

Sat 1st Mar - Young Adults Rec Strawberry Picking & Arthurs Seat Eagle
Sat 1st Mar - Teenage Rec, The Factory

What's On
This Month

Sat 8th Mar - Young Adults Rec, Moomba Festival Sat 8th Mar - Teenage Rec, Scienceworks

Sat 15th Mar - Young Adults Rec, Ashcombe Maze + Flinders Beach
Sat 15th Mar - Teenage Rec, The Factory
Sun 16th Mar - Young Adults Rec, Barefoot Bowls

Sat 22nd Mar - Teenage Rec, Jump Central
Sat 22nd Mar - Young Adults Rec, Dinner and Movie
Fri 21 - Sun 23rd Mar - Young Adults. Phillip Island Camp

Sat 29th Mar - Young Adults Rec, Tesselaar Kabloom Sat 29th Mar - Teenage Rec, The Factory Sun 30th Mar - Young Adults Rec, Briars Market

Bookings: bookings@careability.com.au | Enquiries: christie@careability.com.au