

CareAbility Newsletter

Welcome to our June Newsletter!

As the weather cools down, we have moved many of our activities indoors to keep warm! The Young Adults had a brilliant night out last month to see Queen Rocks - The Tribute Show at Bunjil Place. What an epic night it was - everyone was up dancing and singing!

Over the coming weeks, confirmations for Winter Holiday Programs and July-September regular shifts will be emailed out to families. Please make sure you check the rosters thoroughly to ensure I have not missed anything! It's always a huge under-taking getting rosters together so I may miss one or two shifts on occasion!

We have welcomed a number of new Support Workers to the team recently - Bea, Caitlin and Isabelle have all started to get out and about to meet participants. We are so lucky to have them on the team - welcome girls!

Have a great month!
Christie



JUNE BIRTHDAYS

- 10th. Jasmine C
- 10th. Danny, *Support Worker*
- 17th. Alisha T
- 18th. Abel D L
- 19th. Olivia P
- 24th. Ash O, *Admin*

IMPORTANT DATES

- Wed 4th June** Pub Night @ Archie Brothers
- Mon 9th June** Kings Birthday (Public Holiday)
- Tue 17th June** Pub Night @ General Public



Jackson's Fun Facts!

Melbourne's Metro Network



Melbourne has 16 metro train lines on the network. My favourite line is the Cranbourne and Pakenham lines because they use the High Capacity Metro Trains, or as I like to call them HCMT's. A fun fact is these trains carry 20% more passengers than the Comeng. There are 269 trains operating in Melbourne within the metro fleet. Previous train models have included Comeng, Siemens, Hitachi and the train from the 80s that is loved by many train enthusiasts, the old red rattlers. Even more exciting is there will be a new train in service in a couple of years. It will be called the Xtrapolis 2.0 and this train will be made in Ballarat from at least 60% local Australian supplies.

MAY WRAP UP



An afternoon Grill'd feed for Jason! After getting a fresh haircut Jason enjoyed his new favourite afternoon snack, what makes it even better is getting to draw at the same time!



A lovely hot chocolate is Brianna's favourite way to end a busy day! Before heading home and getting into her afternoon routine, Bri loves an afternoon drink and chat with her SW!



Alyssa whipping up one of her favourite recipes! She does a wonderful job trying new foods to cook, but these chocolate muffins were just so good she had to remake them!

What's On This Month

Sat 7th June - Young Adults Rec, Alba Hot Springs

Sun 7th June - Young Adults Rec, Monopoly Dreams

Sun 8th June - Young Adults Rec, Queen Vic Market

Fri 13th - Sun 15th June - Young Adults Rec, Ballarat Camp

Sat 14th June - Teenage Rec, The Factory

Sat 21st June - Young Adults Rec, IMAX

Sat 21st June - Teenage Rec, Luna Park

Sun 22nd June - Young Adults Rec, Brunch Club

Sat 28th June - Young Adults Rec, Dinner and Movie

Sat 28th June - Teenage Rec, Art + Crafts @ The Factory

Sun 29th June - Young Adults Rec, Lunch in China Town

Bookings: bookings@careability.com.au | Enquiries: christie@careability.com.au